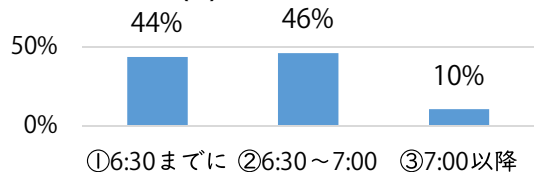
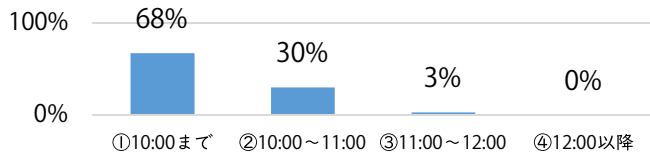


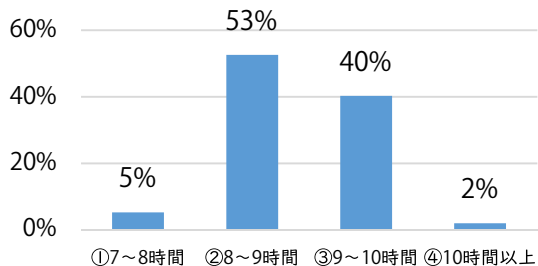
(1) 起床時刻



(2) 就寝時刻



(3) 平日の睡眠時間



(4) 睡眠リズムと目覚めの様子

